

Mohican Valley Duathlon

Overall Female Open Winners

| Place | | Name | Age | Run | | T1 | Bike | | | T2 | Run | | | Total | |
|---------|----|----------------|-----|-----|----------|------|----------|-----|-----------|------|----------|-----|----------|-------|-----------|
| Overall | | | | Rnk | Time | Pace | Time | Rnk | Time | Pace | Time | Rnk | Time | Pace | Time |
| 1 | 6 | Katrina Briggs | 40 | 1 | 16:51.75 | 6:44 | 01:09.55 | 1 | 53:40.95 | 2:53 | 01:02.20 | 1 | 19:03.55 | 7:37 | 1:31:48.0 |
| 2 | 9 | Karen Saxena | 45 | 1 | 17:41.05 | 7:04 | 01:12.05 | 1 | 57:46.55 | 3:06 | 00:58.20 | 1 | 18:47.50 | 7:31 | 1:36:25.3 |
| 3 | 16 | Paula Wagner | 47 | 2 | 19:41.15 | 7:52 | 01:03.75 | 3 | 1:04:38.4 | 3:28 | 01:05.05 | 2 | 21:00.55 | 8:24 | 1:47:28.9 |

Overall Male Open Winners

| Place | | Name | Age | Run | | T1 | Bike | | | T2 | Run | | | Total | |
|---------|---|------------------|-----|-----|----------|------|----------|-----|----------|------|----------|-----|----------|-------|-----------|
| Overall | | | | Rnk | Time | Pace | Time | Rnk | Time | Pace | Time | Rnk | Time | Pace | Time |
| 1 | 1 | Jared Bonecutter | 17 | 1 | 14:02.95 | 5:37 | 00:45.05 | 1 | 50:33.20 | 2:43 | 00:47.45 | 1 | 05:19.22 | 2:08 | 1:11:27.8 |
| 2 | 2 | Warren Elvers Jr | 52 | 2 | 16:20.70 | 6:32 | 00:35.05 | 1 | 50:00.85 | 2:41 | 00:35.50 | 2 | 18:03.20 | 7:13 | 1:25:35.3 |
| 3 | 3 | David Lasorsa | 50 | 1 | 16:19.25 | 6:32 | 00:55.95 | 2 | 51:54.00 | 2:47 | 00:55.25 | 1 | 16:53.25 | 6:45 | 1:26:57.7 |

Mohican Valley Duathlon

Male 1 to 19

| <u>Place</u> | | <u>Name</u> | <u>Age</u> | <u>Run</u> | | <u>T1</u> | <u>Bike</u> | | | <u>T2</u> | <u>Run</u> | | | <u>Total</u> | |
|----------------|---|------------------|------------|------------|-------------|-----------|-------------|------------|-------------|-----------|-------------|------------|-------------|--------------|-------------|
| <u>Overall</u> | | | | <u>Rnk</u> | <u>Time</u> | | <u>Pace</u> | <u>Rnk</u> | <u>Time</u> | | <u>Pace</u> | <u>Rnk</u> | <u>Time</u> | | <u>Pace</u> |
| 1* | 1 | Jared Bonecutter | 17 | 1 | 14:02.95 | 5:37 | 00:45.05 | 1 | 50:33.20 | 2:43 | 00:47.45 | 1 | 05:19.22 | 2:08 | 1:11:27.8 |

Female 25 to 29

| <u>Place</u> | | <u>Name</u> | <u>Age</u> | <u>Run</u> | | <u>T1</u> | <u>Bike</u> | | | <u>T2</u> | <u>Run</u> | | | <u>Total</u> | |
|----------------|----|--------------|------------|------------|-------------|-----------|-------------|------------|-------------|-----------|-------------|------------|-------------|--------------|-------------|
| <u>Overall</u> | | | | <u>Rnk</u> | <u>Time</u> | | <u>Pace</u> | <u>Rnk</u> | <u>Time</u> | | <u>Pace</u> | <u>Rnk</u> | <u>Time</u> | | <u>Pace</u> |
| 1* | 28 | Regina Palin | 26 | 1 | 21:22.95 | 8:33 | 01:16.70 | 1 | 1:15:12.4 | 4:03 | 00:51.15 | 1 | 25:21.45 | 10:08 | 2:04:04.7 |

Male 25 to 29

| <u>Place</u> | | <u>Name</u> | <u>Age</u> | <u>Run</u> | | <u>T1</u> | <u>Bike</u> | | | <u>T2</u> | <u>Run</u> | | | <u>Total</u> | |
|----------------|----|-----------------|------------|------------|-------------|-----------|-------------|------------|-------------|-----------|-------------|------------|-------------|--------------|-------------|
| <u>Overall</u> | | | | <u>Rnk</u> | <u>Time</u> | | <u>Pace</u> | <u>Rnk</u> | <u>Time</u> | | <u>Pace</u> | <u>Rnk</u> | <u>Time</u> | | <u>Pace</u> |
| 1* | 17 | Matthew Feldman | 26 | 1 | 20:53.15 | 8:21 | 01:34.55 | 1 | 1:02:27.0 | 3:21 | 00:59.45 | 1 | 24:11.00 | 9:40 | 1:50:05.1 |

Female 30 to 34

| <u>Place</u> | | <u>Name</u> | <u>Age</u> | <u>Run</u> | | <u>T1</u> | <u>Bike</u> | | | <u>T2</u> | <u>Run</u> | | | <u>Total</u> | |
|----------------|----|---------------|------------|------------|-------------|-----------|-------------|------------|-------------|-----------|-------------|------------|-------------|--------------|-------------|
| <u>Overall</u> | | | | <u>Rnk</u> | <u>Time</u> | | <u>Pace</u> | <u>Rnk</u> | <u>Time</u> | | <u>Pace</u> | <u>Rnk</u> | <u>Time</u> | | <u>Pace</u> |
| 1* | 18 | Misti Sellers | 30 | 1 | 20:34.20 | 8:14 | 01:28.40 | 1 | 1:02:21.1 | 3:21 | 02:21.75 | 1 | 23:39.75 | 9:28 | 1:50:25.2 |

Powerman Ohio
Age Group Results

Mohican Valley Duathlon

Male 30 to 34

| Place | | Name | Age | Run | | T1 Time | Bike | | | T2 Time | Run | | | Total Time | |
|---------|----|---------------|-----|-----|----------|------------|----------|-----|-----------|------------|----------|-----|----------|---------------|-----------|
| Overall | | | | Rnk | Time | | Pace | Rnk | Time | | Pace | Rnk | Time | | Pace |
| 1* | 12 | Nathan Mertz | 30 | 1 | 19:40.40 | 7:52 | 01:01.05 | 1 | 59:58.10 | 3:13 | 00:49.65 | 1 | 22:21.10 | 8:56 | 1:43:50.3 |
| 2* | 25 | Jonathan Hock | 33 | 2 | 21:07.90 | 8:27 | 01:19.30 | 2 | 1:10:53.0 | 3:49 | 01:13.25 | 2 | 23:55.70 | 9:34 | 1:58:29.2 |

Female 35 to 39

| Place | | Name | Age | Run | | T1 Time | Bike | | | T2 Time | Run | | | Total Time | |
|---------|----|------------------|-----|-----|----------|------------|----------|-----|-----------|------------|----------|-----|----------|---------------|-----------|
| Overall | | | | Rnk | Time | | Pace | Rnk | Time | | Pace | Rnk | Time | | Pace |
| 1* | 21 | Maria Van Hufel | 37 | 2 | 20:39.00 | 8:16 | 01:26.90 | 1 | 1:08:23.9 | 3:41 | 01:02.60 | 1 | 22:16.75 | 8:54 | 1:53:49.2 |
| 2* | 23 | Lynda Montgomery | 37 | 1 | 20:26.70 | 8:10 | 01:52.55 | 2 | 1:10:06.2 | 3:46 | 01:59.35 | 2 | 22:20.90 | 8:56 | 1:56:45.7 |
| 3* | 29 | Peggy Rogers | 38 | 3 | 23:07.40 | 9:15 | 01:40.40 | 3 | 1:12:06.9 | 3:53 | 01:42.15 | 3 | 29:10.20 | 11:40 | 2:07:47.0 |

Male 35 to 39

| Place | | Name | Age | Run | | T1 Time | Bike | | | T2 Time | Run | | | Total Time | |
|---------|----|--------------------|-----|-----|----------|------------|----------|-----|-----------|------------|----------|-----|----------|---------------|-----------|
| Overall | | | | Rnk | Time | | Pace | Rnk | Time | | Pace | Rnk | Time | | Pace |
| 1* | 7 | Kevin Schmid | 37 | 1 | 16:44.60 | 6:42 | 01:41.65 | 1 | 55:12.05 | 2:58 | 00:54.55 | 1 | 18:33.80 | 7:25 | 1:33:06.6 |
| 2* | 13 | Willian Van Huffel | 39 | 3 | 19:24.70 | 7:46 | 01:28.45 | 2 | 1:03:22.3 | 3:24 | 00:59.45 | 3 | 20:57.35 | 8:23 | 1:46:12.3 |
| 3* | 15 | Doug Rogers | 39 | 2 | 18:40.75 | 7:28 | 01:37.00 | 3 | 1:04:24.3 | 3:28 | 01:26.60 | 2 | 20:55.55 | 8:22 | 1:47:04.2 |

Mohican Valley Duathlon

Female 40 to 44

| Place | | Name | Age | Run | | T1 | Bike | | | T2 | Run | | | Total | |
|---------|-----|----------------|-----|------|----------|------|----------|------|----------|------|----------|------|----------|-------|-----------|
| Overall | Rnk | | | Time | Pace | Time | Rnk | Time | Pace | Time | Rnk | Time | Pace | Time | |
| 1* | 6 | Katrina Briggs | 40 | 1 | 16:51.75 | 6:44 | 01:09.55 | 1 | 53:40.95 | 2:53 | 01:02.20 | 1 | 19:03.55 | 7:37 | 1:31:48.0 |

Male 40 to 44

| Place | | Name | Age | Run | | T1 | Bike | | | T2 | Run | | | Total | |
|---------|-----|----------------|-----|------|----------|------|----------|------|-----------|------|----------|------|----------|-------|-----------|
| Overall | Rnk | | | Time | Pace | Time | Rnk | Time | Pace | Time | Rnk | Time | Pace | Time | |
| 1* | 14 | Gray Hagy | 40 | 2 | 18:48.95 | 7:31 | 01:11.35 | 1 | 1:03:02.1 | 3:23 | 01:11.35 | 1 | 22:04.95 | 8:50 | 1:46:18.7 |
| 2* | 24 | Bruce Ridenour | 44 | 3 | 22:48.80 | 9:07 | 01:39.55 | 2 | 1:04:58.4 | 3:30 | 01:43.90 | 2 | 25:40.00 | 10:16 | 1:56:50.7 |

Female 45 to 49

| Place | | Name | Age | Run | | T1 | Bike | | | T2 | Run | | | Total | |
|---------|-----|---------------|-----|------|----------|------|----------|------|-----------|------|----------|------|----------|-------|-----------|
| Overall | Rnk | | | Time | Pace | Time | Rnk | Time | Pace | Time | Rnk | Time | Pace | Time | |
| 1* | 9 | Karen Saxena | 45 | 1 | 17:41.05 | 7:04 | 01:12.05 | 1 | 57:46.55 | 3:06 | 00:58.20 | 1 | 18:47.50 | 7:31 | 1:36:25.3 |
| 2* | 16 | Paula Wagner | 47 | 2 | 19:41.15 | 7:52 | 01:03.75 | 3 | 1:04:38.4 | 3:28 | 01:05.05 | 2 | 21:00.55 | 8:24 | 1:47:28.9 |
| 3* | 19 | Teresa Kelley | 49 | 3 | 21:38.00 | 8:39 | 01:06.30 | 2 | 1:03:07.1 | 3:24 | 01:07.45 | 3 | 23:35.30 | 9:26 | 1:50:34.1 |

Male 45 to 49

| Place | | Name | Age | Run | | T1 | Bike | | | T2 | Run | | | Total | |
|---------|-----|------------------|-----|------|----------|------|----------|------|----------|------|----------|------|----------|-------|-----------|
| Overall | Rnk | | | Time | Pace | Time | Rnk | Time | Pace | Time | Rnk | Time | Pace | Time | |
| 1* | 4 | Mark Lemmon | 48 | 3 | 16:42.45 | 6:41 | 00:44.05 | 1 | 51:08.30 | 2:45 | 00:44.50 | 2 | 18:15.75 | 7:18 | 1:27:35.0 |
| 2* | 5 | Brent Bonecutter | 47 | 1 | 15:45.40 | 6:18 | 00:57.50 | 2 | 55:38.10 | 2:59 | 00:47.85 | 1 | 17:18.00 | 6:55 | 1:30:26.8 |
| 3* | 8 | George Sveda | 46 | 2 | 16:16.35 | 6:30 | 01:13.10 | 4 | 55:48.00 | 3:00 | 01:10.80 | 4 | 19:40.00 | 7:52 | 1:34:08.2 |
| 4 | 10 | Paul Yoha | 48 | 5 | 18:14.85 | 7:18 | 01:16.85 | 3 | 55:42.90 | 3:00 | 01:13.50 | 5 | 19:58.65 | 7:59 | 1:36:26.7 |
| 5 | 11 | Bradford Groves | 47 | 4 | 17:44.65 | 7:06 | 01:03.65 | 5 | 58:41.75 | 3:09 | 01:05.35 | 3 | 19:30.65 | 7:48 | 1:38:06.0 |

Mohican Valley Duathlon

Male 45 to 49

| <u>Place</u> | | <u>Name</u> | <u>Age</u> | <u>Rnk</u> | <u>Time</u> | <u>Pace</u> | <u>T1</u> | <u>Rnk</u> | <u>Time</u> | <u>Pace</u> | <u>T2</u> | <u>Rnk</u> | <u>Time</u> | <u>Pace</u> | <u>Total</u> |
|--------------|----|-------------|------------|------------|-------------|-------------|-----------|------------|-------------|-------------|-----------|------------|-------------|-------------|--------------|
| 6 | 20 | Mike Kelley | 45 | 6 | 21:36.90 | 8:38 | 01:20.30 | 6 | 1:02:43.6 | 3:22 | 01:17.15 | 6 | 23:36.25 | 9:26 | 1:50:34.2 |

Female 50 to 54

| <u>Place</u> | | <u>Name</u> | <u>Age</u> | <u>Rnk</u> | <u>Time</u> | <u>Pace</u> | <u>T1</u> | <u>Rnk</u> | <u>Time</u> | <u>Pace</u> | <u>T2</u> | <u>Rnk</u> | <u>Time</u> | <u>Pace</u> | <u>Total</u> |
|--------------|----|----------------|------------|------------|-------------|-------------|-----------|------------|-------------|-------------|-----------|------------|-------------|-------------|--------------|
| 1* | 22 | Eileen Cravens | 51 | 1 | 20:33.20 | 8:13 | 01:00.05 | 1 | 1:08:13.5 | 3:40 | 00:52.85 | 1 | 23:50.75 | 9:32 | 1:54:30.3 |

Male 50 to 54

| <u>Place</u> | | <u>Name</u> | <u>Age</u> | <u>Rnk</u> | <u>Time</u> | <u>Pace</u> | <u>T1</u> | <u>Rnk</u> | <u>Time</u> | <u>Pace</u> | <u>T2</u> | <u>Rnk</u> | <u>Time</u> | <u>Pace</u> | <u>Total</u> |
|--------------|---|------------------|------------|------------|-------------|-------------|-----------|------------|-------------|-------------|-----------|------------|-------------|-------------|--------------|
| 1* | 2 | Warren Elvers Jr | 52 | 2 | 16:20.70 | 6:32 | 00:35.05 | 1 | 50:00.85 | 2:41 | 00:35.50 | 2 | 18:03.20 | 7:13 | 1:25:35.3 |
| 2* | 3 | David Lasorsa | 50 | 1 | 16:19.25 | 6:32 | 00:55.95 | 2 | 51:54.00 | 2:47 | 00:55.25 | 1 | 16:53.25 | 6:45 | 1:26:57.7 |

Female 55 to 59

| <u>Place</u> | | <u>Name</u> | <u>Age</u> | <u>Rnk</u> | <u>Time</u> | <u>Pace</u> | <u>T1</u> | <u>Rnk</u> | <u>Time</u> | <u>Pace</u> | <u>T2</u> | <u>Rnk</u> | <u>Time</u> | <u>Pace</u> | <u>Total</u> |
|--------------|----|-------------|------------|------------|-------------|-------------|-----------|------------|-------------|-------------|-----------|------------|-------------|-------------|--------------|
| 1* | 30 | Ann Partel | 57 | 1 | 22:54.40 | 9:10 | 02:15.40 | 1 | 1:16:14.8 | 4:06 | 02:08.80 | 1 | 29:02.60 | 11:37 | 2:12:36.0 |

Mohican Valley Duathlon

Male 55 to 59

| <u>Place</u> | | <u>Name</u> | <u>Age</u> | <u>Rnk</u> | <u>Run Time</u> | <u>Pace</u> | <u>T1 Time</u> | <u>Rnk</u> | <u>Bike Time</u> | <u>Pace</u> | <u>T2 Time</u> | <u>Rnk</u> | <u>Run Time</u> | <u>Pace</u> | <u>Total Time</u> |
|--------------|----|---------------|------------|------------|-----------------|-------------|----------------|------------|------------------|-------------|----------------|------------|-----------------|-------------|-------------------|
| 1* | 31 | Carter Strang | 56 | 1 | 20:57.15 | 8:23 | 01:14.60 | 1 | 1:02:36.0 | 3:22 | 02:05.85 | 1 | 59:27.05 | 23:47 | 2:26:20.7 |

Female 60 to 64

| <u>Place</u> | | <u>Name</u> | <u>Age</u> | <u>Rnk</u> | <u>Run Time</u> | <u>Pace</u> | <u>T1 Time</u> | <u>Rnk</u> | <u>Bike Time</u> | <u>Pace</u> | <u>T2 Time</u> | <u>Rnk</u> | <u>Run Time</u> | <u>Pace</u> | <u>Total Time</u> |
|--------------|----|-------------|------------|------------|-----------------|-------------|----------------|------------|------------------|-------------|----------------|------------|-----------------|-------------|-------------------|
| 1* | 26 | Sandy Davis | 61 | 1 | 23:17.30 | 9:19 | 02:20.15 | 1 | 1:06:04.9 | 3:33 | 01:28.95 | 1 | 25:28.20 | 10:11 | 1:58:39.5 |

Male 60 to 64

| <u>Place</u> | | <u>Name</u> | <u>Age</u> | <u>Rnk</u> | <u>Run Time</u> | <u>Pace</u> | <u>T1 Time</u> | <u>Rnk</u> | <u>Bike Time</u> | <u>Pace</u> | <u>T2 Time</u> | <u>Rnk</u> | <u>Run Time</u> | <u>Pace</u> | <u>Total Time</u> |
|--------------|----|--------------|------------|------------|-----------------|-------------|----------------|------------|------------------|-------------|----------------|------------|-----------------|-------------|-------------------|
| 1* | 27 | David Clever | 60 | 1 | 22:01.45 | 8:48 | 01:57.95 | 1 | 1:13:00.3 | 3:55 | 02:51.25 | 1 | 22:19.80 | 8:56 | 2:02:10.8 |

Overall Male Open Winners

| Place | | Name | Age | Run | | T1 | Bike | | T2 | Run | | Total | | | |
|---------|-----|-------------|-----|------|----------|------|----------|------|----------|------|----------|-------|----------|------|-----------|
| Overall | Run | | | Time | Pace | Time | Rnk | Time | Rate | Time | Rnk | Time | Pace | Time | |
| 1 | 1 | Bob Schmidt | 52 | 1 | 21:58.35 | 8:47 | 01:32.05 | 1 | 58:06.10 | 19.2 | 01:26.00 | 1 | 23:52.45 | 9:33 | 1:46:54.9 |

Powerman Ohio
Age Group Results
Mohican Clydesdale

Male 0-99

| <u>Place</u> | | <u>Name</u> | <u>Age</u> | <u>Rnk</u> | <u>Run Time</u> | <u>Pace</u> | <u>T1 Time</u> | <u>Rnk</u> | <u>Bike Time</u> | <u>Rate</u> | <u>T2 Time</u> | <u>Rnk</u> | <u>Run Time</u> | <u>Pace</u> | <u>Total Time</u> |
|--------------|---|-------------|------------|------------|-----------------|-------------|----------------|------------|------------------|-------------|----------------|------------|-----------------|-------------|-------------------|
| 1 | 1 | Bob Schmidt | 52 | 1 | 21:58.35 | 8:47 | 01:32.05 | 1 | 58:06.10 | 19.2 | 01:26.00 | 1 | 23:52.45 | 9:33 | 1:46:54.9 |